

Pet Obesity: The Hand Trick

To get a sense as to whether your pet is overweight, run your hand along their side to feel their rib cage, and then compare it to different parts of your hand.

**Knuckles:
TOO THIN**

Top of fingers:
IDEAL



**Upper palm:
OVERWEIGHT**



**Side Palm:
OBESE**

If you think your pet may be overweight, be sure to discuss it with your veterinarian.

AMC
SINCE 1910

Schwarzman
Animal Medical Center
Usdan Institute for
Animal Health Education